

Harriet's Knee Replacement Interview Questions

Use the following as a starting point to develop your own interview questions. Good luck. —
Harriet Wallis

Do I need a knee replacement?

What is your specialty?

What's your experience? How many knee replacements do you do in a week? Year?

What hospital do you like to work with? (Note: Some work at several hospitals but have a preference for one.)

What exercises should I do to prepare for surgery?

Do you use the quad sparing technique, or do you split the quad? Why?

Where do you make the incision - center, side, around? Why do you make that kind of incision?

Do you personally do the surgery or does someone else do it?

Do you use GPS guided surgery - Robotic? Manual?

Will I be asleep or "awake" during surgery? What kind of anesthesia do you use? Why?

What brand of artificial knee do you use? Why? What are the advantages?

Tell me about female knees. [Note: Many women have the idea that are "female knees" – and they might say: "I only want a female knee." This question will lead the surgeon to tell you point blank that there is no such thing as a female knee. Many people need to hear that from the horse's mouth. Knees come in many, many sizes, and when they have you open, they take the precise measurements and choose the right size. It's not male or female; it's the size.]

Do you insert, use glue, or use ground bone as the adhesive? What are the advantages and disadvantages of that technique?

Do you leave the PCL or do you remove it?

Do you do both knees at the same time? How much time between knees?

Do you recommend the constant passive motion machine? Why or why not?

How long will I be in the hospital?

How much help will I need when I am discharged?

Do you recommend physical therapy?

What's the recovery timeline?

What's the total healing time?

Can I ski? When? Any restrictions?

Why should I choose you?